HEADINGTON SCHOOLS PARTNERSHIP : extended learning for all ages

02.05.24

THE BANNISTER MILE **Monday 6 May** ***The Roger Bannister Athletics Track, Iffley Road, OX4 1EQ***

70 years on, a day celebrating the iconic first sub 4 minute mile and Sir Roger Bannister's legacy!
Athletes of all levels are invited to Bannister Miles to race this historic distance at Iffley Road, Oxford, finishing at the very spot where Bannister made history.

THE COMMUNITY MILE **9.00-11.00** : a **one-mile road run** from Carfax to the Iffley Road track, open to the **general public,** participants of all ages and abilities. Participants will be able to run down the High Street on an England Athletics certified course with electronic chip timing. Finishers will collect their bespoke 70th Anniversary Medal on **the** iconic Iffley Road track before viewing the displays and pop-up museum **£15 adult, £7 under 15s**
ENTRIES CLOSE MIDNIGHT THURSDAY 2 MAY ***https://www.bannistermiles.org.uk/community-mile***

TRACK MILES **1.00-6.00** Organised in collaboration with the British Milers Club, and with help from World Athletics and England Athletics, this event will showcase the very best of British middle-distance running. With a series of mile races throughout the afternoon ranging from U13 through to the U15 and U17 trophy races and culminating in the elite men's and women's miles. As was initiated last year, para races will also be included in the programme allowing para and able-bodied athletes to compete in the same event.

https://www.bannistermiles.org.uk/track-miles

MILE FAIR Both **spectators and runners** can immerse themselves in a **pop-up museum**, watch **captivating films**, explore various stalls, and savour **delicious refreshments**.
FREE attendance but sadly SOLD OUT
for questions about any of the events or displays , please email: support@bannistermiles.org.uk

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HEADINGTON SUNFLOWER TRAIL 2024

https://www.headingtonaction.org/connected-communities.html

Sunflowers are easy to grow, feed the insects, bees and birds and brighten up the neighbourhood!
Connected Communities invites you to accept free sunflower seeds to grow and be part of the **2024 Headington sunflower trail on Sunday 1 September.** The schools have received packs this week with some to grow in school and more to give to families but you can also request them direct from Gerti, Connecting Communities

haconcommunities@gmail.com

or through facebook and Instagram – *but that's still not live*
keep an eye on *https://www.facebook.com/ConnectedCommunitiesHeadington*

OXFORDSHIRE ARTWEEKS ***https://www.artweeks.org/***

From 4 -27 May, over a thousand artists, makers and designers will exhibit and demonstrate in artists' studios, pop-up galleries, glorious gardens, ancient churches, Oxford Colleges and hundreds of other interesting venues. Just drop-in and explore for free. Chat about painting, photography, textiles, sculpture and ceramics; discover woodworking, glass art, mosaics and jewellery, and be intrigued by contemporary installations and multidisciplinary practice.
Be inspired, entertained and surprised, and choose a treasure to take home with you!

North and West Oxfordshire: **4 - 12 May** **Oxford City: 11 - 19 May** **South Oxfordshire: 18 - 27 May**

The website allows you explore by artist, media, location and more.
Alternatively you can browse the **on-line Spring Show, themed art trails**, or hundreds of artist portfolios in the **Art Showcase** to help you choose where to visit
If you'd prefer 'magazine format', flick through the e-guide (with a list of maps of local art trails) or download the festival guide as a pdf or pick one up in the library or leaflet holders around Oxford.
Opening hours are generally **11.00 – 6.00** but please confirm times for individual venues before travelling, as there may be slight amendments to those advertised in the festival guide.

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HILL END OUTDOOR CENTRE ***Hill End Outdoor Centre, Eynsham Road, OX2 9NJ***

FAMILY BUSHCRAFT SATURDAYS

monthly 18 May, 15 June 10.00-12.00 £12 adult, £8 child ***https://hill-end.org/news/bushcraft-saturday/***

FFENNELL FESTIVAL **Saturday 8 June 11.00-4.00** ***https://hill-end.org/news/ffennell-festival-2024/***

Named for the ffennell family who founded Hill End as an outdoor school in 1920, a family outdoor activity day including downhill racers – circus skils – Real Kingdoms Adventures – Oxford Sailing – pond dipping – bushcraft with Ultimate Survival – natural arts – bee keeping & bugs – WW1 history tours – whittling skills – story telling – barbecue
£7 adult, £3.50 children - £1 early bird discount until 5 May - booking essential – free parking

https://hill-end.org/activities/upcoming-events/

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SCIENCE OXFORD ***The Science Oxford Centre, Stansfeld Park, Quarry Road, OX3 8SB***

check out the website for details of all events – book early – often fully booked – join the mailing list

FAMILY DAYS **every Saturday - two hours in the Exploration Zone and all day access to the woodlands**
10.00-12.00, 12.30-2.30, 3.00-5.00 ***suitable for ages 3+ but all are welcome***

£7.50 per person which includes the Eventbrite fee - free for Under 3s

You are advised to book in advance ***https://scienceoxford.com/events/family-days-every-saturday/***

Emira's Café is open 10.00-4.00 but families are also welcome to bring their own food and drink

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STEM THEMED SATURDAY CLUBS **most Saturdays 10.00-11.30, 12.30-2.00, 3.30-5.00**
£10 per child – accompanying adult(s) free https://scienceoxford.com/centre/science-oxford-centre-events/

For all STEM Club sessions, children must be accompanied by an adult. These family workshops are designed for you and your child to learn from each other and work together while trying out new things.

CREATIVE COMPUTING CLUB - WEARABLE MUSICAL TECH **Saturday 11 May** ***for ages 9-12***

Create wearable, moveable musical tech that can be controlled with your own body! In this month's coding club, make musical instruments with MakeCode and programme a BBC micro:bit to play different notes as you move or dance. Control your sound by tilting or spinning, and get ready to shake, shake, shake it off!

https://scienceoxford.com/whats-on/wearable-musical-tech/

NATURE CLUB – BEE DAY **Saturday 18 May** ***for ages 5-9***

Nature Club is buzzing about World Bee Day this May! Bees are good for the garden and the planet – join **Oxfordshire Beekeepers Association** for a 'hive' of activities and meet their bees in the Forest School area. Get creative in the workshop space, and roll your own Bee-autiful beeswax candle to take home. Play fun bee games to learn about nature's ecosystem, and investigate plants and pollinators out in the meadow. Spot honey, solitary, bumble or carpenter bee with an ID guide, and build your own bee-hotel at home with our Bee-rilliant take-away activity sheets!

https://scienceoxford.com/whats-on/bee-day/

SCIENCE CLUB - LEGO MOVIE **Saturday 1 June** ***for ages 5-9***

Film a summer block-buster starring LEGO at June's Science Club. Emerging Gerwigs and Nolan's create a story board and build LEGO film sets; film your stop-motion scenes frame by frame using our digital tablets to create your own award-winning LEGO Barbenheimer. Whose performance was plastic or fantastic? Download your moving picture to enjoy at home with popcorn! ***https://scienceoxford.com/whats-on/lego-movie/***

ADDITIONAL SUPPORT

If you are attending any of the Science Oxford clubs and require a carer ticket, please get in touch to discuss how best Science Oxford can support you or your child to access the activities - contact them for more information ***events@scienceoxford.com***.

Science Oxford is committed to inclusion, and recognises that cost is sometimes a barrier so they are also working with schools and community groups to provide funded places to individuals to remove the barriers where they can

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DANCER IN COMMUNITY RESIDENCE PROJECT - Barton **taster sessions for adults**

DANCE FOR HEALTH ***Barton Neighbourhood Centre, Underhill Circus, OX3 9LS***
Wednesdays 1.00-3.00 from 15 May designed for people living with any long term health conditions.

MOVEMENT AND RELAXATION ***The Centre for Music, Bayswater Road, OX3 9FF***
Mondays 1.00-3.00 from 13 May particularly for people dealing with anxiety and/or stress but open to all

Dancin' Oxford is very happy to be partnering with The Centre for Music and the Barton Neighbourhood Centre for these sessions and deeply appreciates their support. Led by **Jane Castree, Dancer in Community Residence**, they are based on inclusive dance practices, which means that they are suitable for **all abilities, levels of experience and physicalities** and as such are appropriate for people who use mobility aids or are wheelchair users.

These are community based sessions so also include time after the activity for people to socialise over a cup of tea to get to know each other! All the sessions are **drop in so there is no need to book**. They are just **£3 per session** but if money is a barrier for you, please come anyway as there can be a lower or waived fee

contact Jane Castree janedancinoxford@outlook.com

GLOJI ENERGY PROGRAMME ***Barton Park School, Barton Fields Road, OX3 9WN***

Gloji Energy is a new physical health and wellbeing programme for children run by Achieve Oxfordshire. This exciting 12-week programme is fully funded by Oxfordshire County Council and therefore free for children and their parents/carers. Gloji Energy is accessible to **children aged 4-12 years old** who have measured on or above the 91st Centile. There are both group and one to one sessions available, dependant on the needs of each family. Gloji Energy aims to create healthier children and families by supporting them to become more active and eat well. **Your local group starts on Thursday 9 May, 5.00-6.00**

Questions and registration, contact the Children's Programme lead, Maddy
madeleine.fowler@achieveoxfordshire.org.uk https://achieveoxfordshire.org.uk/services/gloji-energy

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